

## CHOOSING YOUR SPONSOR

The first choice when deciding who will be our Confirmation sponsor is to consider one of your Baptismal Godparents. (Only one sponsor is needed)

The reason for this is to show the intimate connection between Baptism and Confirmation. If this choice is impossible because of present circumstances, your sponsor must meet the following criteria:

- must be a baptized Catholic;
- must have received the Sacrament of Confirmation;
- must have received the Sacrament of Eucharist (Holy Communion)
- Sixteen years old or older;
- must be a practicing Catholic (someone who attends Mass and follows the teachings of the catholic faith and practices the sacraments faithfully and shows care and concern for others)

The sponsor should also be someone you can trust and want to discuss matters regarding your spiritual life and growth.

Parents, who are already the first teachers of faith for their children, non-Catholics, or a person who is not physically present often to the candidate are not to be chosen as sponsor.

Then, be sure to mail or give your sponsor the "Sponsor Response Form" for him/her to fill out. Then return the form to us by mail at **office@saintagbrielparish.ca**

If for any reason you can not think of someone you can invite to be your sponsor, please contact Fr. James. He will try to assist you in finding or suggesting an appropriate adult sponsor from the parish.



## CONFIRMATION SPONSOR RESPONSE FORM

(please print clearly to avoid mistakes in certificates)

Name of the Confirmation candidate: \_\_\_\_\_

Name of the Confirmation **sponsor**: \_\_\_\_\_

Address of the sponsor: \_\_\_\_\_  
(Number and Street)

\_\_\_\_\_  
(City, Province, Postal Code)

Name of the Parish at which I am registered: \_\_\_\_\_

(If you are not registered, kindly have the priest at the parish you do attend attest that you are a Catholic in good standing. A simple letter that you would write and ask him to sign would suffice)

I attest that I am Catholic in good standing who has completed my initiation sacraments of Baptism, Confirmation and Eucharist in the Roman Catholic Church.

I attest that I am willing to take in the responsibility to serve as a sponsor for the candidate I have named above; I will spend time over the next several months assisting my candidate in any way I can with his/her spiritual growth and understanding of our Catholic Faith.

If at any time I determine I can not fulfill my obligation, I will inform St. Gabriel the Archangel Parish after I have spoken with my candidate.

\_\_\_\_\_  
Sponsor's Signature

\_\_\_\_\_  
Date

Please return this page to St. Gabriel the Archangel Parish office [office@saintgabrielparish.ca](mailto:office@saintgabrielparish.ca)